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INSTRUCTIONS FOR PATIENTS RECEIVING CROWN OR BRIDGE TEMPORARIES

- Do not eat anything sticky (for example, toffee), or chew gum.
- You may be a little sore along the gumline, so when brushing your teeth, use an extra soft toothbrush and use warm water to make the bristles of your brush softer. Brush gently in that area.
- Rinse two to three times daily with Oxyfresh, or a solution of salt water (one teaspoon in an 8-ounce glass of warm water).
- You should floss, but it is important that you do so in this manner: insert the floss between the teeth, as normal, but do NOT “pop” the floss back out, or you will risk removal of your temporary. Instead, pull the length of the floss slowly out the side of the tooth.
- Information for women: Antibiotics can affect the absorption of birth control pills, causing them to be ineffective. If you are taking birth control pills and have received a prescription for an antibiotic, use other birth control measures during that time and for the remainder of your cycle.

IMPORTANT:

- If your temporary crown or bridge comes off, call the office immediately (383-3368) for an appointment to have the unit cemented back into place. In the meantime, place the temporary back into position on the tooth (it will only fit on one way).
- If your temporary crown or bridge comes off outside of our office hours, call and leave a message on our answering machine with your name and telephone number. Make sure you include in your message the details of why you are calling (i.e., state that your temporary has come off). In the meantime, place the temporary back into position. It should feel snug, and you may sleep with the unit in place, unless it feels loose. If the unit feels loose, or if you are worried about sleeping with the unit in place, place the unit into a bag, but make sure you put it back into place upon awakening.
- If your temporary veneer or CMBR (onlay) comes off, place the temporary into a bag and call the office immediately for an appointment to have the unit cemented back into place. This type of unit will not stay in place if you attempt to put it back yourself.

**PLEASE CALL OUR OFFICE AT 383-3368 IF YOU HAVE ANY FURTHER QUESTIONS
OR CONCERNS.**