

## IMMEDIATE DENTURES

## POST-OP INSTRUCTIONS

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By following these instructions, you will continue to have an optimal recovery:

1. Your denture will usually feel “big” at first. This is normal and you will become accustomed to them in as early as a few days to a few weeks.
2. After leaving the office, rest and **avoid** all strenuous activities (work or play) for several days – keeping blood pressure lower will reduce bleeding and aid healing.
3. Do not take your denture out for 24 hours. This will aid in controlling any post-operative bleeding.
4. After 24 hours, during the daytime you may remove the denture for a few minutes at a time only. Do not leave them out longer than this or the tissue will swell, making it difficult and painful to reinsert the denture.

**NOTE:** After the initial 24 hours, dentures should always be left out during the nighttime while you are sleeping. This allows the tissues to breathe.

5. Sore spots are expected to occur with a new denture. Should sore spots occur prior to your first post-operative appointment, please call our office and we will schedule an appointment to relieve those areas and ensure your comfort.
6. A post-operative appointment will be scheduled for 7 – 10 days following the extractions and insertion of your new denture.
7. As the tissue and bone heals, the gums will change shape—causing the denture to loosen. We will accommodate for this by placing a “soft reline” material in the denture. This may last anywhere from 1 to 3 months and is done at no cost to you for a minimum of 2 relines.
8. After 9 to 12 months, the bone and tissue will stabilize and your denture will be evaluated for esthetics, function, and retention. A permanent reline may be required at this point or in some instances a new denture is required to satisfy your needs. These procedures are separate and are not included in the fee for the immediate denture.

PLEASE CALL OUR OFFICE AT 383-3368 IF YOU HAVE ANY FURTHER QUESTIONS OR CONCERNS.

**Information for Women:** Antibiotics can affect the absorption of birth control pills, causing them to be ineffective. If you are taking birth control pills and have received a prescription for an antibiotic, use additional birth control measures during that time and for the remainder of your cycle.

**\*\*NOTE\*\*** It is important to follow all post treatment instructions closely. Failure to follow the instructions may result in poor healing; more discomfort and the success of the procedure may be affected. All costs associated with corrective treatment due to complications or poor healing will fall to you.