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## EXTRACTIONS and/or ORAL SURGERY WITH INTRAVENOUS SEDATION

### **PRE-OP INSTRUCTIONS**

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By following these instructions, you will continue to have an optimal recovery:

1. Take your regular medications as per normal. A small amount of water for oral medications is acceptable.
2. No food or drink 8 hours prior to appointment.  
\*Small amount of water is allowed up to 2 hours prior to appointment.
3. No alcohol for 24 hours prior to your appointment.
4. Avoid cigarettes, coffee and tea on the day of appointment. They counteract the effectiveness of the sedation.
5. On day of treatment please wear short sleeves, loose comfortable clothing and no nail polish.
6. After leaving the office on day of treatment, rest and **avoid** all strenuous activities (work or play) for several days – keeping blood pressure lower will reduce bleeding and aid healing.
7. A ride must be arranged to take you home prior to appointment, as you are legally impaired for 24 hours after sedation. A taxi is not acceptable.
8. Someone must be able to ensure you are safe and cared for after you arrive home. You will probably feel like resting/sleeping for several hours and someone needs to be there to ensure your comfort and safety.
9. On very rare occasions, wisdom teeth extractions may cause numbness of facial nerves. In upper (maxillary) wisdom teeth extractions or apical surgery, there is the potential to expose the sinus and complications may result. In lower (mandibular) wisdom teeth extractions, there is potential for damage to the inferior alveolar or lingual nerve, as well as possible complication of dry socket. Should this occur, you will be informed and instructed accordingly.

PLEASE CALL OUR OFFICE AT 383-3368 IF YOU HAVE ANY FURTHER QUESTIONS OR CONCERNS.

#### **Information for Women:**

Antibiotics can affect the absorption of birth control pills, causing them to be ineffective. If you are taking birth control pills and have received a prescription for an antibiotic, use other birth control measures during that time and for the remainder of you cycle.

**\*\*NOTE\*\*** It is important to follow all post treatment instructions closely. Failure to follow the instructions may result in poor healing; more discomfort and the success of the procedure may be affected. All costs associated with corrective treatment due to complications or poor healing will fall to you.